

**OMEGA
INSTITUTE
SUMMER 1982**

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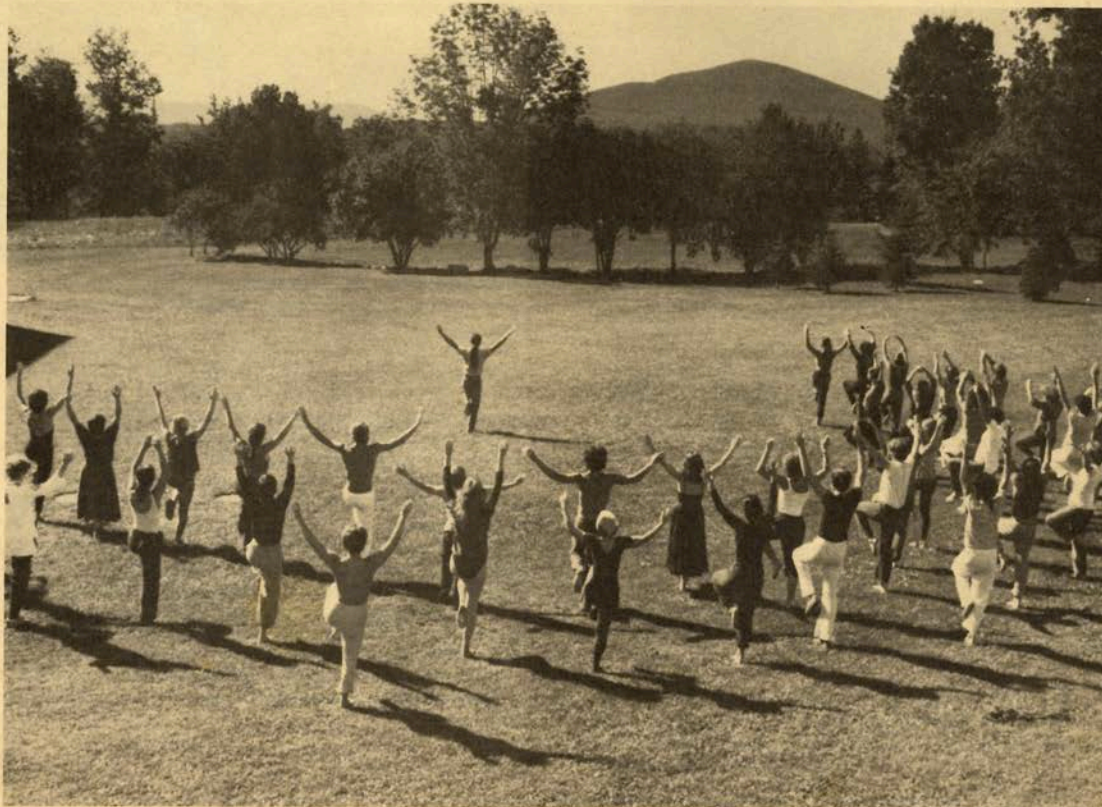
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Omega Institute

was started five years ago in a small office by a few people with a handful of aspirations. Our first program reflected areas of interest that we wanted to further develop in our own professions and lives: the medical and healing arts, spiritual studies, and the performing and fine arts. Since we were eager to combine these areas into one institute that offered a holistic vision of living and learning, we thought that others in the Northeast would be excited by the idea too. We were encouraged by the large number of people who responded to the first summer program, and over the years Omega has grown at a surprising rate that has inspired us to expand and tune the program to the evolving interests and needs of our participants.

There is a growing number of people within a wide variety of occupations and lifestyles who are actively seeking ways of integrating a sense of the unity of all life and cultures into their own lives and work. For eight weeks each summer, Omega brings together these people and an international teaching staff in a dynamic environment that respects each person's belief system and lifestyle while encouraging the creation of a loving and sharing community. A synthesis of traditionally diverse elements is what makes Omega conducive to the kind of learning that so many of us are looking for today: intensive study and the spontaneous exchange of new ideas and discoveries . . . a peaceful setting in the country and the excitement of concerts, dance, sports, and games . . . a commitment to credible and useful knowledge and skills and an openness to the mysteries of the universe . . . a vision of the future potential of humankind and a profound respect for our roots in the wisdom, myths, and traditions of the past.

This summer we offer weekend seminars and five-day intensive courses in the areas of health, the arts, social transformation, and spiritual studies and practice. Weekend seminars offer two days of lecture and experiential workshops with noted speakers and teachers. Intensive courses give the participants five days of in-depth study with a particular teacher each morning and the chance to experience other teachers and topics in the afternoon. Participants at seminars and intensive courses also enjoy evening programs, group dancing and sports, and the beautiful setting of our new campus . . .





Allaudin Mathieu

Music

Awareness of Music (7E)

Allaudin William Mathieu

Heightened awareness of music leads to deeper understanding of the world. Mr. Mathieu guides the listener farther and farther into the structures and feelings of music until a new inner life is found there, which resonates with the outer one. The mystery of the overtone series, the role of numbers, the marriage of gravity and time, and the realm of the heart are experienced in this course, often through group singing and playing. With Mr. Mathieu at the keyboard, music is taken apart and translucently reassembled. The focus is on the transcendent nature of musical perception and how this benefits daily life. For all levels of musical ability and training.

Music: A Universal Language (7F)

Do'a (Randy Armstrong and Ken LaRoche)

Randy and Ken view the whole earth as one country offering a rich and diverse cultural heritage. Their music reflects this belief. They create a uniquely spirited music using more than 25 instruments and exploring a multitude of timbres and rhythms. Do'a invites participants to share in a joyous experience of these unifying influences in a course designed for everyone from skilled musicians to those wishing to discover their creative potentials. Participants learn to tap their inherent creativity through sensitivity exercises, improvisation, attunement, and movement. Bring any instrument you would like to play.

Improvisation (7M)

David Darling

Eleven years of teaching and a lifetime of musicianship enable David Darling to inspire musical abilities in participants at all levels. His classes explore free expression and are characteristically punctuated by shouting, clapping, jumping, and the spontaneous expression of each person's creative impulse. Musical instruments are used (the voice and the body count as instruments), with improvisation as the key process. Large and small group games are played to help the new musician gain confidence and the experienced musician to develop greater freedom in expression. Open to all. Bring any instrument you play or wish to play.

Theatre

Sign Language and Storytelling (7G)

National Theatre of the Deaf
(John Basinger and Patrick Graybill)

Members of the National Theatre of the Deaf have thrilled and moved audiences internationally with their powerful use of visual story theatre. Taught by theatre company members John Basinger and Patrick Graybill, this course is recommended for actors, dancers, and those who want to learn how to communicate thoughts, humor, and emotions in a visual way. Participants learn specific sign language gestures and the art of "theatre sign." Once the students feel confident with their ability to sign, the class moves into creating highly visual stories. Improvisation exercises and story theatre techniques are used to present myths, poetry, and legends.

Fairy Tales (7H)

Gioia Timpanelli

An in-depth study of fairy tales brings to light their meaning and significance in modern life and their important place in adult literature. These ancient, enduring stories, once part of our oral literature, are examined in this class through the process of storytelling and reading. Like dreams, fairy tales deal with vivid, universally understood images of people and events inseparably linked. There are no formulas for understanding fairy tales, for each one has its distinct life. Some of the topics discussed in class are the fairy tale as journey literature, the heroine and hero, light and dark forces, giants, ogres, little people, animal helpers, stolen treasures, and the happy ending or ultimate success. Fairy tales are also experienced in light of their spiritual significance. Recommended text: *Complete Grimm's Fairy Tales*.

Will You Wear My Nose? Improvisational Clowning and Circus Arts (7I)

Wavy Gravy and Surya Singer

Wavy and Surya offer a second week of clowning, circus arts, and acting. Open to newcomers and participants from the previous week who wish to spend even more time clowning around. See pg. 30 for course description.